

IC4 / INDOOR CYCLE



"USER-ASSIST" HANDLEBAR



HANDLEBAR DEVICE TRAY



300-DEGREE MAGNETIC RESISTANCE



POLY-V BELT DRIVETRAIN



IC4 / INDOOR CYCLE



52 cm
20.5 in



132 cm
52 in

102 cm
40.2 in
MAX
HANDLEBAR
HEIGHT
120 cm
47.2 in



MOLDED FORM-FIT STRETCH PLATES



DUAL WATERBOTTLE HOLDER



155MM Q-FACTOR

SPECIFICATIONS

POWER MEASUREMENT (WATT)	No
COMPUTER	No
COMPUTER POWER SUPPLY	No
TRAINING INTENSITY GUIDE	No
CONNECT TECHNOLOGY	No
WORKOUT TRACKING	No
RESISTANCE SYSTEM	Magnetic
EMERGENCY STOP	Push (EN ISO 20957-10)
FLYWHEEL	Rear, aluminum, evenly-weighted
DRIVETRAIN	Poly-V belt
DRIVETRAIN GEAR RATIO	1 : 10
FRAME COLOR	Charcoal black
FRAME MATERIAL	Steel
SHROUDS/GUARDS	Full frame
FRAME DESIGN	Off-set
ADJUSTMENT TYPE	Dials & levers
POSTS & SLIDERS	Black aluminum, pin-to-lock adjustment

USER ASSIST ADJUSTMENTS	Handlebar assisted
Q FACTOR	155mm / 6.1"
CRANK TYPE	CrMo 172,5mm / 6.79"
PEDAL TYPE	Dual-sided SPD & toe cage
HANDLEBAR	Ergo-formed, multiposition, soft PVC
HANDLEBAR ADJUSTMENTS	Vertical & horizontal
SADDLE	Unisex padded sport saddle
SADDLE ADJUSTMENTS	Vertical & horizontal
WATER BOTTLE HOLDER	Dual, integrated on handlebar
FRAME STABILIZER BARS	Standard
PROTECTION & STRETCH PLATES	Molded form-fit with stretch plate
MAX USER WEIGHT	150 kg / 330 lbs
ASSEMBLED WEIGHT	50 kg / 110 lbs
ASSEMBLED DIMENSIONS	132 x 52 x 102cm / 52 x 20.5 x 40.2"
LEVELING FEET	4
TRANSPORT	2 front wheels
WARRANTY (PARTS)	3 years*

WARRANTY*

5 YEARS - Frame 3 YEARS - Mechanical Parts 6 MONTHS - wear parts.
Warranties may vary by location. Contact Life Fitness for details.

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